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# LUNCH MENU 1

### Available from 12:00 - 17:00

During opening hours

@. www.thegreenhousefleet.co.uk

e. hello@thegreenhousefleet.co.uk

#### **SANDWICHES & WRAPS**

ALL DAY BREAKFAST BURRITO (gl, mu) Cumberland sausage, Hash brown, refried beans, garlic mushrooms, garlic black rice, cheese, red onion, spinach, sweetcorn & mustard - Add crispy bacon-style pieces - Add vegan black pudding	7.95 1.50 1.95	HOISIN DUCK FRIENDLY WRAP (gl, so, se) Crispy shredded duck-style pieces with our own homemade seasoning, served with fresh cucumber, spinach spring onions and an aromatic hoisin sauce	6.70
BEETROOT FALAFEL WRAP (gl, se) Homemade hummus, sliced red cabbage, shredded lettuce, juicy tomato, bell peppers, red onion & beetroot falafel	6.20	FISHLESS FINGERS (gl, so) Fishless fingers, nori, homemade tartar and shredded lettuce in a soft tortilla wrap, or on homemade wholemeal bread	6.70
AVOCADO CHICKEN WRAP (gl) Fresh avocado, crispy chicken-style pieces, juicy beef tomato, bell peppers, mayo & fresh spinach	6.20	QUESADILLA (gl) Toasted golden tortilla stuffed with molten cheese, refried beans, homemade bean chilli & sweetcorn	7.80

### TOASTIES (ON HOMEMADE, WHOLEMEAL BREAD) & PANINI

HAM & CHEESE (gl mu) Melted cheese, ham-style slices & mustard	6.10	SPICY CHICKEN AVOCADO (gl) 5.95 Crumbed chicken-style pieces, sliced avocado, Sriracha and garlic butter	
HOMEMADE PESTO, CHEESE & TOMATO (gl) Homemade nut-free pesto, melted cheese & fresh tomato	6.10	SAUSAGE & CARAMELISED ONION 6.10 (gl, so)	
- Add crumbed chicken-style pieces (so, gl)	.90	Cumberland sausage, caramelised red onion, garlic & balsamic glaze	
	locally grou	wn baritage iacket potatoes	

JACKET POTATOES	baked in-hou red cabbage with fresh ch	s locally grown heritage jacket potatoes, use and served with homemade e slaw and a choice of filling below, topped nives. taff for special requests)	7.95
- SPINACH, MISO & GARLIC N	NUSHROOM	- HOMEMADE BLACK BEAN CHILLI - Add cheese	1.50
- CHEESE & BEANS		- SMOKED CHEESE & RED ONION	
ase note: there is no animal meat on our menu but many of our dish	es have meat-like substitute	e	

All of our dishes are prepared in the same kitchen, so cross-contamination of all allergens can occur. We cannot guarantee any dishes to be 100% allergen free. Please speak to a member of staff for further details. We do not have separate fryers or ovens for allergens.

A discretionary 10% service charge will be added to all tables of six or more.



## LUNCH MENU 2

## Available from 12:00 - 17:00

**During opening hours** 

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### LUNCH TIME STARTERS

ARANCINI (gl) Herby risotto balls stuffed with fresh (B) options tomato salsa and coated in a crispy golden crumb	5.70
SOUP OF THE DAY (gI) Please check other allergens	5.40
Freshly made soup, served with <sup>(F)</sup> options homemade organic wholemeal bread. See specials board for today's soup	
BAO BUNS (gl)	7.50
- THE CRIPSY ONE (so):	
Two soft Bao Buns filled with sweet potato in a crispy golden panko crumb, homemade pickled red onion and fresh parsley with sriracha mayo.	
- THE UMAMI ONE (so):	
Two soft Bao Buns filled with miso, spinach & mushroom, topped with toasted sunflower seeds, maple miso mayo and fresh chives	
- THE DELUXE ONE (so, se):	0.30
Two soft Bao Buns filled with sticky hoisin duck-style pieces, cucumber and spring onion, served with spring and rolled in crispy fried onions & sesame seeds	rolls
LUNCH TIME SIDES	_
HOMEMADE RED CABBAGE SLAW Thinly sliced red cabbage, grated carrot & jalapeño coleslaw	4.20 ſF
LOADED CHUNKY FRIES Homemade black bean chilli, sriracha mayo & crispy fried loaded on to a bowl of our triple-cooked gourmet, chun	
- Add melted cheese	1.50
SWEET POTATO FRIES	5.20
GOURMET CHUNKY CHIPS Lightly seasoned triple-cooked gourmet chunky chips	4.15 F
FRESH GUACAMOLE A handful of corn tortilla chips surrounding a dollop of our homemade fresh guacamole	4.10 ©
SRIRACHA MAYO SAUCE POT	0.20
MAPLE MISO MAYO SAUCE POT	0.20

### <u>BURGERS</u>

KOREAN GOCHUJANG ( Homemade Korean chicken-style bu gochujang BBQ sauce, our homema red cabbage slaw, shredded lettuce, homemade pickled red onion & gou	irger with de jalapeno an	d	14.95
SMOKY BBQ CHICKENLE Homemade crispy crumbed chicken a deluxe, smoky BBQ sauce, maple g shredded lettuce, juicy beef tomato	-style burger w lazed red onio	<i>r</i> ith ns,	14.95
MEXICAN BLACK BEAN N A homemade smoky black bean pat nacho crumb. Filled with a fresh tom jalapeño and crisp lettuce. Served w smoked paprika gourmet chunky ch add guacamole to make it complete	ty in a golden ato salsa, rith triple-cook ips and an opti	ed,	13.95
CHICKENLESS AVOCADC Homemade crispy crumbed chicken lettuce, juicy beef tomato and smash erved with triple-cooked gourmet ch	style patty, ma led avocado,		12.95
SPICY LENTIL BOMB (gl) A homemade three lentil patty, with yet mild chilli kick in a golden crunci Served with sriracha mayo, mango c red onion, juicy beef tomato, crisp le and triple-cooked gourmet chunky	a flavoursome hy crumb. hutney, ettuce		13.95
CLASSIC MEATLESS (gl, Grilled meat-style patty with mayo, o juicy beef tomato and red onion, ser gourmet chunky chips	crisp lettuce,	-cooked	12.50
BURGER OPTIONAL	_ EXTRAS	5	
Sweet potato fries	(jf)	2.10	
Bacon fries		1.95	
Double-up patty		2.90	

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Add cheese

Add bacon rashers

Add hash brown

Add guacamole

🕼 Gluten free 🛛 🗸 Vegan

(F) Options (GF & GF Options may be cooked in the same fryer as glutenous products)

(GF)

GF

(GF)

1.50

1.50

1.40 1.40